

Physical Education (K-12)
Montreat College

Minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical Education	PE 111	Introduction to Principles & Philosophy of Physical Education	
D	Fitness, Nutrition, & Obesity Prevention	PE 201	Concepts of Fitness	
E	Sports, Physical & Leisure Activities (minimum required total of 2 semester hours)	PE 101 – 270	Select a Physical Education Activity	

Posted: 3/28/2011

Revised: Fall 2010

Reviewed: Spring 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.montreat.edu/>